



May 2026

Biela Center 4545 Midlothian Turnpike, Crestwood 708-371-4800 ex. 6000

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	2
3	4 Mobile DMV 10 am-2 pm Color & Conversation 10-11 am Pinochle 10 am-12 pm Scrabble 12-2 pm Mon. Movie Matinee 1-3:30	5 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	6 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Senior Club 12:30-3:30 pm TOPS 5-6:30 pm	7 Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 11:30-2 pm Line Dance 12:30-2 pm Bunco 1-4 pm	8 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm Game Night 6-8 pm	9
10	11 Color & Conversation 10-11 am Pinochle 10 am-12 pm Chair Fitness 11 am-12 pm Scrabble 12-2 pm Mon. Movie Matinee 1-3:30	12 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	13 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm TOPS 5-6:30 pm	14 Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 11:30-2 pm Line Dance 12:30-2 pm	15 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	16
17	18 Color & Conversation 10-11 am Pinochle 10 am-12 pm Chair Fitness 11 am-12 pm Scrabble 12-2 pm Mon. Movie Matinee 1-3:30	19 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	20 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Senior Club 12:30-3:30 pm TOPS 5-6:30 pm	21 Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 11:30-2 pm Line Dance 12:30-2 pm Bunco 1-4 pm	22 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	23
24	25 CLOSED Memorial Day	26 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	27 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Cookbook Club 12:30-2 pm TOPS 5-6:30 pm	28 Windy City Thunderbolts	29 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	30
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