



September 2026

Biela Center 4545 Midlothian Turnpike, Crestwood 708-371-4800 ex, 6000

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	2 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Senior Club 12:30-3:30 pm TOPS 5-6:30 pm	3 Chair Yoga 9:30-10:30 am Mexican Train 12-2 pm Line Dance 12:30-2 pm Bunco 1-4 pm	4 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	5
6	7 CLOSED Labor Day	8 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	9 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm TOPS 5-6:30 pm	Dancing Horses 10 Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 12-2 pm Line Dance 12:30-2 pm	11 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm Game Night 6-8 pm	12
13	Mayor's Mini Golf 14 Color & Conversation 10-11 am Pinochle 10 am-12 pm Scrabble 12-2 pm Mon. Movie Matinee 1-3:30 pm	15 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	16 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Senior Club 12:30-3:30 pm TOPS 5-6:30 pm	17 Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 12-2 pm Line Dance 12:30-2 pm Bunco 1-4 pm	18 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	19
20	21 Color & Conversation 10-11 am Pinochle 10 am-12 pm Scrabble 12-2 pm Mon. Movie Matinee 1-3:30 pm	22 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	23 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Cookbook Club 12:30-2 pm TOPS 5-6:30 pm	Autumn in the 24 Country Craft Fair Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 12-2 pm Line Dance 12:30-2 pm	25 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	26
27	28 Color & Conversation 10-11 am Pinochle 10 am-12 pm Scrabble 12-2 pm Mon. Movie Matinee 1-3:30 pm	29 Chair Yoga 9:30-10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	30 Bingo & Breakfast 9:30-10:45 a Art Club 10 am-12 pm Chair Fitness 11 am-12 pm TOPS 5-6:30 pm			
	Come	make	new	friends!	😊	