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THE

CRESTWOD ADVISER

A Village on the Move

DECEMBER 2024 • #573

The Village Hall Will be **CLOSED December 24 & 25** and **December 31 & January 1**!

CHRISTMAS DECORATING CONTEST



AND WIN A CASH AWARD

PLEASE CALL THE VILLAGE WITH NOMINATIONS, 708-371-4800 Prizes will be awarded at a January Board Meeting at the Crestwood Civic Center.

There is a lot of holiday spirit in Crestwood and we want to show it off! The Village of Crestwood annually sponsors the Holiday Decorations Contest to recognize homes and businesses for outstanding Holiday decorations.

Residential and business property owners can self-nominate or nominate a fellow property for their exceptional holiday displays. Residents can nominate their property or someone else's. All that is needed is the property address.

Committee members will then visit the selected properties to recognize the homes.



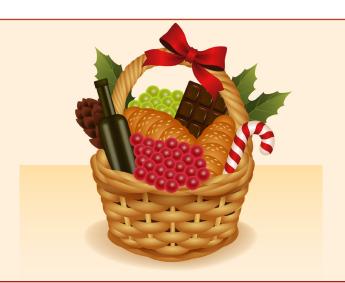
Vehicle Stickers on Sale

- 1. Vehicle sticker renewal form (which you will receive in the mail)
- 2. Vehicle registration and drivers license for any new resident or new vehicle.

Fees are: \$10.00 for passenger cars

\$15.00 for B-C plates Senior fee is \$5.00 for either

Final day for sale at the regular price is 2-28-25.



ANNUAL NEEDY BASKET DONATIONS AND REQUESTS!

Every year the Mayor and Board deliver Christmas baskets of food with all the fixin's for a Holiday dinner. We accept donations of non-perishable items at the Village Hall from December 1, 2024 through December 10, 2024. We will be delivering the baskets the third week in December.

We would also appreciate a phone call regarding anyone that you know of who would appreciate receiving a basket. Please check with the intended party and then call the Village at 708-371-4800 x2003 with the name, address and phone # of the one to receive the basket.

We appreciate all the help you can give us. This is a long standing tradition of the Village and has probably been going on for over 50 years.

CRESTWOOD VILLAGE HALL

13800 South Cicero Avenue | Phone: 708.371.4800 **Be sure to visit the Village website at:**

www.crestwood.illinois.gov

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For Editorial and Advertising Inquiries, please contact **Amy Roe** at 708 371-4800, ext 2009 or crestwoodadviser@crestwood.illinois.gov

The Crestwood Adviser is dedicated to presenting an abundance of information about the Village of Crestwood so that the community can have the information it needs to strengthen and enrich the Village of Crestwood. Our goal is to report the news as fully, fairly and as accurately as we can. Your comments and suggestions are encouraged, by phone or in writing, whether or not you wish such letters to be published. Under no circumstances will the Crestwood Adviser be liable for any misspellings, misprints, or damage caused by a Subscriber's reliance on information obtained. It is the responsibility of each Subscriber to evaluate the accuracy, completeness or usefulness of any information, opinion, advice or other content available through the Crestwood Adviser. Please seek the advice of professionals, regarding the evaluation of any specific information, opinion, advice or other content.

Electronic feedback can be sent to:

crestwoodadviser@crestwood.illinois.gov

Graphic Design for The Crestwood Adviser by Hilary Rhodes. **Hilary Rhodes Design •** hilaryrhodesdesign.com

Village Meeting Schedule

Village Board Meetings - 7:00pm

Crestwood Civic Center | 13820 S. Cicero Ave

December 5 and December 19

Committee of the Whole - 7:00pm **Village Hall** | 13800 S. Cicero Ave December 3 and December 17

Planning Commission - Zoning Board - 8:00pm

Crestwood Civic Center | 13820 S. Cicero Ave

December 9 and December 23

Important Numbers

Village Hall

13800 S. Cicero Ave.

(708) 371-4800 | Fax: (708) 371-4849

Mon., Wed., Thu., Fri.: 9am - 4pm

Tues.: 9am - 8pm

Police Department

13840 S. Cicero Ave.

Main: (708) 371-4800 x 5007 | Fax: (708) 371-8307

Nonemergency: (708) 385-5131

Emergency: 911

Fire Department

13840 S. Cicero Ave.

708-465-1300 | Fax: (708) 385-2836

Recreation & Wellness Facility

5331 W. 135th St. (708) 659-4800

Mon.-Thu.: 5am - 10pm, Friday 5am - 8pm

Sat.-Sun.: 7am - 5pm

Library

4955 135th St. (708) 371-4090

Mon.-Thu.: 9am - 8pm, Friday: 9am - 5pm Saturday: 9am - 4pm, Sunday: Closed

Worth Township (Residents north of 135th)

(708) 371-2900

Bremen Township (Residents south of 135th)

(708) 333-1591

Republic Services

Call Village Hall first at (708) 371-4800, before Republic Services at (708) 385-8252.

IDOT

(847) 705-4222

Cook County Highway Dept.

(708) 448-8006 or (847) 705-4228

Village of Crestwood Parking

Crestwood Village ordinance prohibits parking on any village street between 2:00am and 6:00am. The reason for this ordinance is so police will be alerted to abandoned vehicles or suspicious vehicles that require investigation. This ordinance also ensures that all streets throughout the Village will be open to fire and rescue equipment in the event of an overnight emergency. This is especially necessary in areas where narrow streets can block large fire trucks. We will continue to enforce this ordinance. Thank you for your cooperation with this ordinance. The initial fine for this violation is \$75.00. This is a Village-wide ordinance. PLEASE BE SURE THAT YOUR LATE NIGHT AND OVERNIGHT GUESTS ARE MADE AWARE OF THIS AS WELL!

LETTER FROM THE MAYOR

Happy December, Crestwood!

As we approach the festive season, I am filled with joy and gratitude for the privilege of serving as your Mayor. It is with great pleasure that I extend warm wishes to every one of you during this magical time of the year.

The holiday season is a time for reflection, unity, and the celebration of our community. As we gather with family and friends, let us remember the values that bind us together – compassion, kindness, and the spirit of giving.

I wanted to wish a joyous holiday season to all my friends and neighbors. May your homes be filled with love, laughter, and the warmth of the season!

While you continue to cross off all the items on your holiday shopping list, please remember to shop locally and support our local businesses. I also encourage you to participate in the various community events and activities planned for this holiday season and in the New Year. From the Christmas Market, a fun trip with the Biela Center to our annual needy food basket drive, there are numerous opportunities to come together and make lasting memories with your fellow residents.

Santa Claus is coming to town! Saturday, December 14th 11am – 2pm. join us at the Crestwood



Recreation & Wellness Center. Shopping, arts& crafts, cookie decorating and more. You don't want to miss! Every year the board and I are amazed at the creativity and awesomeness that our residents display with their Holiday decorating. Let the games begin. I have noticed some residents have gotten a head start. Show off your holiday spirit and enter to win the Holiday House decorating contest. Be sure to call into Village Hall with your entry.

We had a great year around the Village. A lot of progress on our various projects throughout our community. We welcomed many new businesses and worked very hard to provide exceptional services to our residents and businesses.

In the coming year, my commitment as your Mayor is to continue working tirelessly to enhance the quality of life in



Ken Klein MAYOR

Crestwood. Together, we can build a future that reflects the values and hopes of our community.

On behalf of the entire Village Board and Staff, I wish you and your loved ones a Merry Christmas, Happy Holidays, and a prosperous New Year!

Sincerely,

Ken Klein
Ken Klein
Mayor, Village of Crestwood

JOHN Z. TOSCAS ZENO J. TOSCAS

Attorneys at Law

Former State Prosecutor

Estate Planning
Wills & Trusts
Personal Injury

Worker's Compensation
Real Estate Closings & Contracts
Real Estate Tox Appeal

Real Estate Tax Appeals
Traffic Citations



(708) 448-0200 12616 S. Harlem, Palos Heights

CENTURY 21 (21

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Orland Park

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CRESTWOOD POLICE DEPARTMENT

We Watch, We Call!



Mayor Ken Klein and the Board of Trustees have heard the requests of many to report crimes in our Village. Working with our Police Department, a compiled snapshot of a month's reporting will be shown here in the Adviser. Our intent is to inform the public in order to protect and be vigilant in calling upon our Police. The Mayor urges all to stay tuned in to your neighbors' well-being and property. Call our police, report suspicious activity, be aware. (911 or Dispatch non-Emergency 708-385-5131).

Deceptive Practice

09-09-2024: A resident reported that he was alerted by AT&T that someone had logged into his Apple account and was using his Apple credit card to purchase multiple cell phones.

09-13-2024: A victim reported that he received a notification from Chase bank that an unknown suspect was attempting to withdraw \$24,000.00 from his account. However, the transaction was blocked and no money was able to be withdrawn. Two days later, the victim discovered that his AT&T account had been hacked, his phone no longer worked, and he learned that an unknown suspect had purchased a phone using his account.

Theft

09-03-2024: Unknown suspects entered and ransacked two vehicles in the 142nd block of Karlov.

09-07-2024: Unknown suspects broke the window on a vehicle that was parked in the Xsport Fitness parking lot and stole a purse that was in the backseat.

09-11-2024:Unknown suspects stole a 2017 Cadillac from the parking lot of the AMC movie theater.

09-14-2024: Unknown suspects stole a Mongoose Excursion bicycle from the 128th block of Hill Drive.

09-19-2024: Unknown suspects stole two bicycles; a red and black hyper 700C and a blue and purple Nishika bike, from the 128th block of Carriage Lane.

09-22-2024: A woman reported that while at Planet Fitness, she placed her wallet in a locked locker in the women's locker room. After completing her workout, she returned to the locker room and discovered the lock was damaged and her wallet was missing.

Retail Theft

09-05-2024: Kohls lost prevention reported that 2 suspects entered the store and placed several pieces of merchandise in bags that they entered the store with . The suspects then left the store with \$1772.00 worth of merchandise.

09-08-2024: Kohls lost prevention reported that two female offenders

entered the store, gathered several pieces of merchandise, placed the items in bags that they entered the store carrying. Store employees attempted multiple times to stop the offenders, however they ran past the staff and out of the store. The suspects then fled in a black BMW sport utility vehicle. The total value of merchandise taken was \$1892.00.

09-16-2024: Targets lost prevention reported a female suspect was observed leaving the store with a Ninja Blender valued at \$179.00. Lost prevention attempted to stop the offender, however, she left the store and fled on a bicycle.

09-16-2024: Kohls lost prevention reported that a male and female suspect entered the store and gathered 33 miscellaneous cosmetic items, placed them in a bag and left the store. The suspects then fled in a silver Ford Fusion. The total value of the items taken was \$1311.00

09-20-2024: Officers responded to Walgreens in reference to a retail theft. Officers learned that two suspects wearing black ski masks entered the store and used a hammer to smash a glass display case. Both suspects then grabbed numerous AirPods and fled from the store.

09-28-2024: Officers responded to Burlington Coat Factory in reference to a retail theft. The store manager reported a male and female entered the store and gathered multiple coats and fled. The total value was \$649.00

Criminal Damage to Property

09-02-2024: Unknown suspects damaged a residence with eggs and toilet paper in the 130th block of East Playfield Drive.

09-04-2024: Unknown suspects broke windows on several vehicles in the 5300 block of Waterbury Drive.

09-04-2024: Unknown suspects damaged a vehicle by slashing the tires and spray painting it in the 139th block of Laramie.

09-23-2024: Unknown suspects damaged a Jeep Grand Cherokee in the 139th block of James Drive by scratching the entire side of the vehicle.



THINKING ABOUT MAKING A MOVE IN 2024? THEN EXPERIENCE THE CLIFF RAGO DIFFERENCE!

With over 33 years of experience and selling over 490 Crestwood homes and condominiums, I can help you get the highest price from the sale of your property.

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REMEMBER, THE MORE I SELL YOUR CRESTWOOD PROPERTY FOR, THE MORE MINE ARE WORTH!

COMMUNITY NEWS

New Business in the VillageHelp us welcome them to Crestwood!

THE ICY CAFE Inside the Southwest Ice Arena 5505 West 127th Street, Crestwood

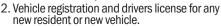


Vehicle Stickers on Sale December 6th!



ITEMS YOU WILL NEED

1. Vehicle sticker renewal form (which you will receive in the mail)









Please Give a Little Joy to Our Local Children

We are accepting donations through December 12, 2024. Please bring your unwrapped gift to any of the locations below.

Drop-off Locations

2355 York St Blue Island, IL 60406 12633 S Ashland Ave Calumet Park, IL 60827

2353 York St Blue Island, IL 60406

For More Information please call (708) 396-2822





5051 Cal Sag Road, Crestwood (708) 389-7275 | IntheGameHollywoodPark.com





1 COUPON PER VISIT. EXPIRES 12/31/2024

InThe Game 5051 Cal Sag Road, Crestwood | (708) 389-7275 | IntheGameHollywoodPark.com

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ALAN B. SHEPARD HIGH SCHOOL | COMMUNITY NEWS

Equity work earns Richards, Shepard AP Honor Roll accolades

The College Board recently announced that Richards and Shepard high schools have been named to the Advanced Placement®
Program School Honor Roll. Both earned Bronze distinction for the first time.

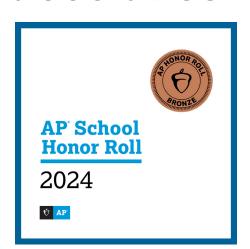
"Earning this designation is a wonderful achievement for our district schools. This reflects years of hard work by our staff to build the culture where students have the expectation to take and succeed in an AP course before they graduate," said superintendent Dr. Josh Barron.

The AP School Honor Roll recognizes schools whose AP programs are delivering results for students while broadening access.

Schools can earn this recognition annually based on criteria that reflect a commitment to increasing college-going culture, providing opportunities for students to earn college credit, and maximizing college readiness.

The district has worked diligently for several years to remove institutional barriers, identify more underrepresented students and students of color students, and encourage them to take AP courses. A partnership with Equal Opportunity Schools from 2019 to 2021 also positively impacted AP enrollment.

To this end, Shepard also earned the AP Access Award for "providing all students the chance to participate in AP, including students



of underrepresented populations." Shepard principal Dr. Tim Baker said, "We are very proud to earn this award because it recognizes the great effort of our staff and celebrates the success of our students who have stepped out of their comfort zones, in many cases, to challenge themselves to take more rigorous classes."

"AP gives students opportunity to engage with college-level work, to earn college credit and placement, and to potentially boost their grade point averages," said Trevor Packer, head of the AP program. "The schools that have earned this distinction are proof that it is possible to expand access to these college-level courses and still drive strong performance – they represent the best of AP."

Additionally, Eisenhower High School met two of the three criteria for the AP School Honor Roll, missing the third by a single percentage point.

Earlier this semester District 218 learned the decade-plus trend of



growth and improvement on Advanced Placement exams has expanded. This year for the first time 25% of the graduating class passed at least one AP exam during their high school careers, meaning one in four graduating seniors left District 218 with college course credit earned from The College Board. It's the first time in district history a group of seniors has achieved this milestone.

The College Board released a raft of information detailing the upward movement in AP in District 218.

The overall pass rate on national A.P. exams leaped to an all-time high of 51% from 43% in 2023, 41% in 2022 and 35% in 2021.

The most recent instance of the district's AP students coming close to this all-time high was in 2009, but that was based on 309 passing exams which was 50.9% of the exams taken. This year, district students passed 1089 exams for a 51.2% overall passage rate.

Further, students averaged passing scores of at least a '3' on more than half (16 of 28) of the AP courses offered in District 218. AP scoring ranges from a low of '1' to a high of '5'

Also, compared to 2023, 40 more AP students earned individual AP

Scholar recognition from The College Board for their performance on exams.

Growth among students of color offered perhaps even more significant news.

In the past decade, the number of Black students enrolled in AP courses has grown from 104 to 184. Likewise, over the same span, the number of Latino students enrolled in AP classes has increased from 234 to 527.

AP classes challenge students with university-level rigor. Passing a national AP exam qualifies an Illinois student to earn college credit for that subject's introductory college course at any Illinois public university.

While enrollment grew steadily for more than a decade, the number of students taking AP courses surged in 2019-2020 when District 218 partnered with Equal Opportunity Schools to recruit more students of color.

Overall in District 218, the number of students enrolled in AP courses increased from 924 to 1,147 between 2019-2020 and 2020-2021. The number dipped slightly to 1,137 in 2021-2022. Last year the district increased enrollment to 1,273.

Thank you for your service, Private Kieran Haak



Congratulations to our new United States Marine Private Kieran Haak. He graduated Marine Corps Basic Training on November 1st, 2024 with 1st Battalion Delta Company Platoon 1074. He graduated with nearly 600 new Marines at Marine Corps Recruit Depot in San Diego California. Private Haak is currently attending Marine Combat Training at Camp Pendleton. He is a 2023 graduate Shepard High School and the son of Sergeant Michael Haak of the Crestwood Police Department. Sergeant Haak is also a combat veteran of

the United States Marine Corps. Thank you Marine for your service and stay safe! Semper Fidelis





MORAINE VALLEY COMMUNITY COLLEGE

Moraine Valley opens expanded Project Care Food Pantry funded by Northwestern Medicine grants

Moraine Valley Community College held a ribbon-cutting ceremony for its recently expanded Project Care Food Pantry on Tuesday, Nov. 19. The long-anticipated expansion was funded by two Northwestern Medicine Community Benefit Grants, totaling \$70,000.

The college developed the Project Care initiative to meet the basic needs of students on campus. According to Teresa Hannon, a counselor in the college's Counseling and Career Development Center, while Project Care has expanded to offer students an array of wraparound services, the initial focus of Project Care was the campus food pantry, established in 2015.

The grants awarded by North-western Medicine aim to meet community needs as assessed by a survey of Northwestern Medicine Palos Hospital's internal and external community stakeholders. In 2022, the report identified lack of access to food and food insecurity as critical community needs that the food pantry at Moraine Valley meets.

Grant funding covered the cost of construction, equipment, supplies and marketing associated with expanding the existing food pantry. A former storage room and office in the Counseling and Career Development Center were converted to provide sufficient space for sorting and storing food. In addition to shelves for nonperisha-

ble food items, the pantry now has cold storage and a stock of hygiene products and school supplies, creating a full-service experience for students in need.

At the ribbon-cutting ceremony, Moraine Valley President Dr. Pamela J. Haney shared the impacts of the food pantry on campus. "Results of a post-visit survey indicated that 69% of visitors reported not having enough food in their household most or some of the time, and 50% said they were unable to eat before arriving on campus due to a lack of food in their house," she said. "While it's unfortunate that many of our students need this critical food assistance, we are fortunate to be able to help them in their time of need."

Haney also shared that, in the previous year, students had accessed the food pantry 178 times and, since the start of the fall 2024 semester, visits to the pantry have increased 40% compared to the same period last year.

President of Northwestern Medicine Palos Hospital, Mike Vivoda, also spoke at the event, sharing the importance of partnering with Moraine Valley on this project.

"Wherever there's a community need, we should respond. We have means, and we want to do that. This is an elimination of a stressor for Moraine Valley students, and we are happy to be a part of that," Vivoda said.

The ceremony also included remarks from Moraine Valley Board of Trustees Chair Beth McElroy Kirkwood; Susan Wade, vice president of the Moraine Valley Foundation Board of Directors; Dr. Scott Friedman, dean of Student Engagement; and peer educators in the Counseling and Career Development Center.

For now, the pantry is open only to students, but a future aim is to open its doors to the surrounding communities as a member of the Greater Chicago Food Depository. The Counseling and Career Development Center also provides personal counseling as well as educational, career and human development services at no cost to students.





EXPIRES XX/XX/XX



COMMUNITY NEWS

How Can YOU Prevent Stormwater Pollution?

What is stormwater?

Stormwater is water from rain or melting snow that does not soak into the ground. It flows from rooftops, over paved areas, bare soil, and sloped lawns. As it flows, stormwater runoff collects and transports animal waste, litter, salt, pesticides, fertilizers, oil & grease, soil and other potential pollutants.

Rain and snowmelt wash pollutants from streets, construction sites, and land into storm sewers and ditches. Eventually, these empty the polluted stormwater directly into streams and rivers with no treatment. This is known as stormwater pollution.

Polluted stormwater degrades our lakes, rivers, wetlands and other waterways. Nutrients such as phosphorus and nitrogen can cause the overgrowth of algae resulting in oxygen depletion in waterways. Toxic substances from motor vehicles and careless application of pesticides and fertilizers threaten water quality and can kill fish and other aquatic life. Bacteria from animal wastes and improper connections to storm sewer systems can make lakes and waterways unsafe for wading, swimming and fish consumption. Eroded soil is a pollutant as well. It clouds the waterway and interferes with the habitat of fish and plant life.

A sanitary sewer system and a storm sewer system are not the same. Water that goes down a sink or other inside drain flows to either a wastewater treatment plant or to a septic system for treatment. Storm sewer flows are not treated. Water that flows down driveways, streets, and outside areas into a storm sewer or ditch flows directly to nearby creeks, fish and wildlife habitats, downstream recreational areas, and drinking water supplies.

There are many types of pollutants that find their way into storm drains. Some common pollutants found in storm sewers and creeks include:

- Animal waste
- Litter
- Motor oil
- · Yard clippings
- Fertilizers and pesticides
- Soapy car wash water
- Eroded sediment from construction projects

It's important to remember that any type of surface water runoff, not just rainfall, can run into the storm sewer and collect in the stormwater management system. For example, when you wash your car on the driveway, that water, dirt, and grime ends up in the system. That's why

we need to be careful with what we put into the storm sewers as traces of all this material can end up in the stormwater system and our local waterways.

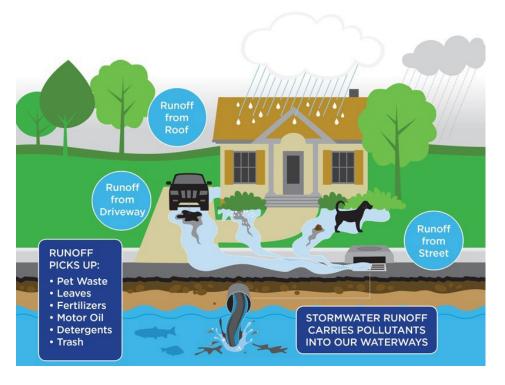
What can YOU do to prevent stormwater pollution in Crestwood?

- 1. Remember: Only rain belongs in the drain! Don't dump anything down storm drains. Be sure to clear away leaves and debris.
- 2. Wash your car over your lawn or gravel. This allows the ground to neutralize the soap and grime from your car rather than sending it directly to our creeks and streams. Use biodegradable or non-toxic soap that is phosphate-free. You can also take your car to a commercial car wash where wastewater is either recycled or treated.
- 3. Keep your car well-maintained. Fix any fluid leaks promptly and make sure to clean up any spills. If you perform your own automotive maintenance, automotive repair shops will accept 5 gallons of used motor oil per resident per day.
- 4. Consider disconnecting your downspouts. You can plant a rain garden to absorb stormwater runoff. You can also use a rain barrel to help collect runoff from your roof and gutters to be used on your lawn and garden.
- 5. Use lawn or garden chemicals sparingly. Choose organic alternatives when possible and check the weather forecast to avoid applying them before a storm.
- 6. Mow your lawn less often.

 Try to keep your lawn at least
 3" in height to minimize weed
 growth, reduce the need for
 watering, and decrease the
 likelihood of pests. Leaving the
 clippings on the lawn can also
 help block weeds and retain
 moisture. Sweep your sidewalks
 and driveway rather than hosing
 them down.
- 7. Plant native, low maintenance plants and grasses.

 They often have longer root systems, which reduce the amount of chemicals and water needed.

 Try seeding your lawn with Buffalo Grass (Bouteloua dactyloides) or Northern Dropseed (Sporobolus heterolepis). For native plant listings, try http://



www.wildflower.org/plants or http://plants.usda.gov/java.

- 8. Minimize runoff by not overwatering your lawn and garden. Keep sprinklers on a timer to avoid pooling water.
- 9. Clean up pet waste. Bag up pet waste and dispose of it in the trash to prevent harmful bacteria from washing into local waterways.
- 10. Be sure to minimize the amount of ice-melt used.

 Do not over-apply salt. Choose a more environmentally-friendly alternative when possible.
- 11. Consider minimizing impervious surfaces around your home. Use bricks, gravel, cobbles, natural stone, or permeable pavers instead of asphalt or concrete when possible.
- 12. Make sure storm drain outfalls are not running in dry weather. A storm sewer system is designed to carry stormwater. If it hasn't rained in 72 hours, it should not be flowing. Please call Public Works if it does.
- 13. Do not drain your pool, spa, or fountain to a storm drain.

- Allow chlorine to dissipate for several days. Test the water to ensure the residual chlorine is zero before slowly draining to a landscaped area. You may be able to drain to a sanitary sewer. Contact your local municipality for more information.
- 14. Keep your septic system well-maintained to prevent leaks. A leaking septic system can leach harmful bacteria into storm sewer systems and local waterways. It is important to keep your system well-maintained to prevent costly repairs as well.
- 15. Walk, bike, or share a ride when possible. Driving causes particulates to enter our air. This air pollution can contaminate our rain and end up in our streams and lakes.
- **16. Properly maintain your neighborhood stormwater pond.** It is designed to capture and treat stormwater runoff.
- 17. **Install a rain barrel or cistern to capture roof runoff.**This helps prevent stormwater from reaching waterways and reduces the potential for pollution.

HALLOWEEN DECORATING CONTEST OOPS! Forgot a few Honorable Mentions

6666666666

4945 W. 142nd Street 13730 S. Lavergne Avenue 5349 W. 137th Place 4245 W. 142ND Street 12931 E. Playfield Drive



BIELA SENIOR CENTER

What is the Biela Senior Center?

4545 MIDLOTHIAN TURNPIKE, CRESTWOOD, IL • 708-371-4800

"There are no strangers

here, only friends you

haven't vet met."

William Butler Yeats

The Biela Senior Center offers adults, over the age of 50, many opportunities that promote independence with a wide variety of activities.

Some of the events that take place are Senior Club, fitness and yoga classes, day trips, Bingo, lunches, Knit Wits, line dance and much more! Groups also meet to play pinochle, Mexican Train and Bunco. We have a pool table, a library where you

> can find a quiet place to read or do a puzzle, and a computer lab.

Call to make a lunch reservation, or stop by at any time for a tour of our building and see what we are all about. If you

live in the Village of Crestwood, and do not drive, call and schedule bus pick up with our Dial-A-Ride program. Should you have any questions, do not hesitate to call Cindy at 708-371-4800 Ext. 6001. We look forward to meeting you!





Come join the Biela Center's Cookbook Club

WEDNESDAY, DECEMBER 11TH • 12:30 - 2:00 PM

NOTE: DATE CHANGE!

BIELA SENIOR CENTER 4545 Midlothian Turnpike, Crestwood, IL

We will meet on the 4th Wednesday of each month. Bring a copy of your favorite recipe along with a prepared sample to share. We will discuss the recipes and compile them for the year to make into a cookbook. Your recipe may even be featured in a Biela lunch! Dishes will rotate monthly.

Please call Cindy at 708-371-4800 ext. 6001 to register.



Bunco...let's roll!

First and third Thursday of every month, 1PM – 4PM

Are you looking for more ways to have fun, win some prizes, and love to play Bunco? Admission will be \$5.00 every time in order to win select prizes. We hope to see you there!

Join us at the Biela Center! 4545 Midlothian Turnpike, Crestwood



Please Contact Cindy with any questions @ 708-371-4800 EXT: 6001

Biela Senior Center Calendar of Events | December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Color & Conversation 10-11 Chair Fitness 11 am-12 pm Scrabble 12-2 pm	Chair Yoga 9:30 -10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	Take Charge/Diabetes 9:30 Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Senior Club 12:30-3:30 pm	Christkindlmarket 5 Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 12-2 pm Line Dance 12:30-2 pm	Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	7
8	9 Color & Conversation 10-11 Chair Fitness 11 am-12 pm Scrabble 12-2 pm	10 Chair Yoga 9:30 -10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	Take Charge/Diabetes 9:30 Art Club 10 am-12 pm Chair Fitness 11 am-12 pm Cookbook Club 12:30-2 pm	Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 12-2 pm Line Dance 12:30-2 pm	Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm Game Night 6 pm-8 pm	14
15	16 Color & Conversation 10-11 Chair Fitness 11 am-12 pm Scrabble 12-2 pm	17 Chair Yoga 9:30 -10:30 am Lunch/Bingo 12-3 pm TOPS 6-7:30 pm	Take Charge/Diabetes 9:30 Art Club 10 am-12 pm Chair Fitness 11 am-12 pm	Chair Yoga 9:30-10:30 am KnitWits 10 am-12 pm Mexican Train 12-2 pm Line Dance 12:30-2 pm	20 Chair Fitness 11 am-12 pm Lunch/Bingo 12:15-3:15 pm	21
22	Closed 23	Closed 24	Closed Merry Christmas	Closed 26	Closed 27	28
29	Closed	Closed 31				

BIELA SENIOR CENTER



Crestwood Senior Club

WEDNESDAY, DECEMBER 4TH • 12:15-3:30PMChristmas Party

WEDNESDAY, JANUARY 15th • 12:15-3:30pm

SEE YOU'ALL NEXT YEAR! WISHING YOU A MERRY CHRISTMAS AND A HAPPY NEW YEAR!

BIELA SENIOR CENTER 4545 Midlothian Turnpike, Crestwood, IL

All are welcome to come JOIN US in an afternoon out to our Senior Club Meeting. We meet two times a month on the 1st and 3rd Wednesday of each month @ 12:15 – 3:30pm. We offer sweet rolls, coffee, split the pot, raffles, bingo, and on occasion have lunches to celebrate special events!! *Doors open at 12:15pm*.



Seniors Pump it Up!

with Certified Instructor, Diana Esparza

MONDAYS, WEDNESDAYS & FRIDAYS

11:15AM - 12:00PM

\$2/class

Get your body moving with an exercise class designed just for you!

BIELA SENIOR CENTER 4545 Midlothian Turnpike, Crestwood, IL 708-371-4800 EXT: 6000

Chair Yoga

Good for your body, mind, and soul

Stress relief • Strength training • Flexibility benefit

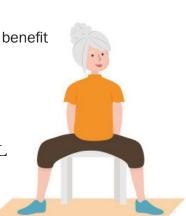
TUESDAYS AND THURSDAYS

9:30 - 10:30AM

\$2/class

BIELA SENIOR CENTER 4545 Midlothian Turnpike, Crestwood, IL 708-371-4800 EXT: 6000

If you have any questions, please call Cindy at 708-371-4800 Ext. 6001.





Join us for affordable, effective weight-loss support!

Biela Center

Tuesday 6:30-7:30pm

4545 Midlothian Turnpike

For more information

Crestwood, IL

Adrienne 708-2281701

Real People. Real Weight-Loss.®

www.tops.org

Boot Scootin' Boogie!

THURSDAY LINE DANCING LESSONS

TIME: 1PM **TO 2**PM

Location: Biela Center

4545 Midlothian Turnpike Crestwood IL

Cost: \$20.00 for the month

Enter through the back door entrance

To reserve your spot please email: LDAlearntolinedance@gmail.com Men, Women, Guests of ALL AGES are welcome All CDC COVID-19 guidelines are being followed.

IMPORTANT BIELA POLICY INFORMATION

PAYMENT POLICY

Full payment is due upon reservation. We will no longer be excepting reservations without full payment.

NO REFUND POLICY

If you are unable to attend a trip that you have paid for, you will have the option to try and find someone to take your place. **Unless there is a waiting list you will not need to find a replacement, and you will be issued a refund**

No refunds will be given otherwise.

This is in place because we have to pay the facility's fees prior to our trip. Which means they are paid well in advance and your seat has already been paid.

If you have any questions please call Cindy at 708-371-4800 option #6

CREDIT CARD POLICY

As of February 17, 2023 there will be a fee of 3.25% when using a credit card.

All other items being paid using a credit card, debit card or e-check will incur a 3.25% processing fee (minimum of \$1.95), assessed by Invoice Cloud, the Village

of Crestwood's electronic payment processing vendor.





BIELA SENIOR CENTER



Grand Victoria Casino

WEDNESDAY, JANUARY 8TH

DEPART FROM THE BIELA CENTER: 9:30 AM

RETURN: APPROX. 3:30PM

4545 MIDLOTHIAN TURNPIKE, CRESTWOOD

Cost: \$40.00

Includes: coach bus; \$10 free slot play for guests 50+

Guests 50 years and up will receive a \$10 FREE slot play. Every guest must register by Friday, January 3rd and provide their own current email address in order to receive their play card.

Call the Biela Center at 708-371-4800 Ex. 6000 with any questions.

Color and Conversation

MONDAYS • 10 - 11AM

Do you remember the joy of grabbing a box of crayons and filling the pages of a coloring book as a child? Well guess what? Coloring isn't just for kids anymore! Come escape from everyday life, release your inner child, and lower your stress level. *All supplies will be provided!*



Scrabble at Biela!

MONDAYS • 12:00 - 2:00PM

Have fun while improving your memory, spelling and vocabulary!

BIELA SENIOR CENTER 4545 Midlothian Turnpike, Crestwood



Game Night at Biela!

FRIDAY, DECEMBER 13TH 6:00PM - 8:00PM



Do you like to play board games? Come on over! Join us for a FREE night of fun! Come with a friend, or make one here. Bring your favorite game or cards (or borrow the ones we have here). Snacks will be provided.

Thankyou!

We are so appreciative to all who participated and made a food donation toward our Thanksgiving Food Drive. Your generosity means everything to us and to the community we serve. Because of your kindness, we were able to help many families in need. Thank you for making a difference.





Biela Center Lunch Menu

Lunches are \$5.00. Tuesdays we serve from 12:00-1:00 pm and Friday's from 12:15-1:15 pm. All lunches are served with a side and dessert. Bingo will be played following lunch. **Reservations must be made one week in advance.** For cancellation call: 708-371-4800 Option #6

While we know there are emergencies, should you not cancel prior to the date and/or do not attend 3 or more dates for the month, this will result in you having to pay in advance for future lunches.

Please check the lunches you would like to attend:

O Tuesday, Dec 3rd Cabbage Patch Casserole

O Friday, Dec 6th Apricot Poppy Chicken

O **Tuesday, Dec 10th** Balsamic Roasted Pork Tenderloin

O Friday, Dec 13th Stuffed Pepper Soup

O Tuesday, Dec 17th Baked Potato Bar

O Friday, Dec 20th Christmas Party

\$10 TODAY ONLY - PAY BY DEC 6th

We are closed December 23rd-January 3rd.

Extra Dessert, Pop and Water is \$1.00 each, please pay before receiving your lunch.

Name		

* * * * * * * * * *

First Time Visitors this ticket for one F

Present this ticket for one FREE lunch (and stay for Bingo)

Biela Senior Center 4545 Midlothian Turnpike, Crestwood Not applicable for holiday lunches

Looking for a gift idea for a relative or neighbor? Try a Biela Lunch Certificate!

It doesn't need to be just for Christmas - Stop by the Biela and purchase a lunch certificate!!

GIFT CERTFICATE

THIS GIFT CERTIFICATE IS GOOD FOR ONE FREE \$5.00 LUNCH AT THE BIELA CENTER.

TO: SPECIAL PERSON

FROM: YOUR NAME

ADMIT ONE

ISSUED BY: BIELA STAFF MEMBER

ADMIT ONE

BIELA SENIOR CENTER

BEAUTIFUL: The Carole King Musical

WEDNESDAY, JANUARY 29TH
DEPART FROM BIELA CENTER:
10:30AM
4545 MIDLOTHIAN TURNPIKE,
CRESTWOOD

Cost: \$125 Cost includes transportation, lunch and performance

Join us at Drury Lane as we witness the captivating story of Carole King's meteoric rise to stardom, from humble

beginnings to her undeniable status as one of the most celebrated voices in popular music. With melodies such as "I Feel the Earth Move" and "(You Make Me Feel Like) A Natural Woman," this production weaves an emotional tapestry rich with nostalgia. *Beautiful* isn't just a musical, it's an immersive celebration of resilience, creativity, and the authentic spirit of a music legend.

Call the Biela Center at 708-371-6000 with any questions.



THURSDAY, DECEMBER 5TH
DEPART FROM THE BIELA CENTER:
10:00 AM
RETURN APPROX. 4:00 PM
4545 MIDLOTHIAN TURNPIKE,
CRESTWOOD

Cost: \$40 coach bus transportation Full payment is due upon reservation.

The Chriskindlmarket unites cherished German and European tradition with international flair and local charm. The Christkindlmarket is well-known for its vendors' high quality gifts and food, holiday cheer, and for being the ideal place for families to make unique memories.

The smell of roasted nuts, fresh pretzels, bratwurst and hot spiced wine, the sound of festive music, and the glimmer of sparkling Christmas ornaments, all in a cozy atmosphere – a visit to the market takes all your senses on a journey!

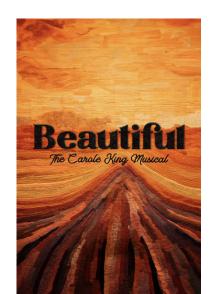
Call the Biela Center at 708-371-4800 Ex. 6000 with any questions.



The Biela Center will be closed to the public DECEMBER 23RD — JANUARY 3RD

We will reopen on January 6, 2025

Have a safe Holiday!





PPER MIDDLE WEST EXPERIENC





Civil War Museum & Mars Cheese Castle

THURSDAY, FEBRUARY 6TH
DEPART FROM BIELA CENTER: 9:00AM
RETURN APPROXIMATELY: 4:15PM
4545 MIDLOTHIAN TURNPIKE, CRESTWOOD

Cost: \$65

Includes: transportation, museum admission Lunch will be on your own at the Mars Cheese Castle.

The accredited Civil War Museum opened in 2008 on Kenosha Wisconsin's scenic lakefront campus. 57,000 Sq Ft covers American Civil War history like no other, offering the enthusiast a chance to learn about the contributions of the Upper Middle West. Already acclaimed for their permanent exhibit featuring life-scale, interactive exhibits, and audio and video technology. Introduced in 2013, the award-winning 360 degree film "Seeing the Elephant" is a 10 minute long glimpse into the life of a mid-western soldier, from recruitment, to training, through battle and finally returning home. You will also be able to see the Veterans Gallery commemorating soldiers from each war fought by the U.S.

Call the Biela Center at 708-371-6000 with any questions.



Recycle Bread Tags at the Biela Center

4545 Midlothian Turnpike, Crestwood, IL







Bread tags for wheelchairs

We've partnered with SCARCE for this recycling project. SCARCE works with Danielle Cares for Chairs to recycle bread tags. Funds raised through recycling bread tags provide mobility equipment for those in need.

Learn more on www.scarce.org.





COMMUNITY NEWS

FEMA Disaster Assistance

For Tornadoes, Flooding and Storms in mid-July

Please have the following available:

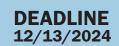
- Your address with zip code
- Condition of your damaged home
- Insurance information, if available
- Social Security number
- Phone number where you can be contacted
- Address where you can get mail or email address to receive electronic notifications

Direct Deposit: Disaster assistance funds can be sent directly to your bank account. Please provide your bank account type, account number and bank routing number.

Stay in touch with FEMA: When you apply, you will receive a FEMA registration number. Save it. You will need the number whenever you contact FEMA.

Disaster assistance is available without regard to race, color, religion, national origin sex, age, disability, English proficiency, or economic status.





4 Ways To Apply

Online: DisasterAssistance.gov

Mobile: Through the FEMA app Call: (800) 621-3362 | 711 or Video Relay Service (VRS)



In Person:
Visit a Disaster Recovery Center



Disaster Assistance.gov

CLASSIFIED ADVERTISING

Golds Gym Adjustable Incline Bench \$40.00 Call Steve (708) 705-6343

Truck Tie Down Ratchet Straps \$5.00 Each Call Steve (708) 705-6343

VHS Movie Tapes Disney Movies \$1.00 Each VHS Movies Tapes \$.50 Each Call Steve (708) 705-6343

Free Advertising for Crestwood Residents!

Limisted to 20 words or less and include information related to the following items: Garage Sales • Lost and Found Large Appliances • Automobiles Motorcycles • Boats and Trailers

Non-Residents and Area Businesses can place classified advertisements for goods and services for just \$5 for twenty words under the following categories:

Garage Sales • Appliances and Electronics • Sales • Transportation (Cars, Boats, motorcycles) • Homes for Sale or Rent • Apartments for Sale or Rent • Employment Openings • Jobs Wanted

FEATURED ARTIST DECEMBER: PEG O'LEARY

Peg O'Leary, a resident of Oak
Forest, recalled that while growing
up she was always doodling,
sketching, painting, and making
crafts. She went to Chicago Public
grammar schools, and art was
her favorite class. In high school,
O'Leary took all the art classes
available. And her enrollment in
art coursework continued while in
college. She has a few paintings
that she did in first grade that her
mother saved for her. Her portfolios
are filled with artwork from her

early childhood years up until

present day.

Working and being a single parent of three left little time for creative endeavors. When O'Leary's youngest was around 12 years old, her brother encouraged her to take a painting class, which she pursued. She enrolled in a class with local artist and teacher, Beth Leahy. For the past twenty plus years, O'Leary has kept that spark alive—painting, primarily with oils, but, at times, using watercolors and acrylics. She expressed that she has had wonderful teachers through the years.



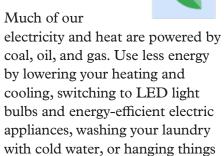


O'Leary's subject matter runs from old rusted cars to nature scenes to portraits of roseate spoonbills. She has been a long-standing member of Town and Country Art League (TCAL), which meets every second Friday, September through May, at 7:00 to 9:00 p.m. at the Biela Center in Crestwood. O'Leary has won many of the League's monthly competitions through the years as well as its Annual Best of Best Award. Her work has been displayed at the Vogt Visual Arts Center, Union Street Gallery, and Moraine Valley Community College's Robert F. De Caprio Gallery as well as in numerous suburban libraries. According to O'Leary, everyone is born with a spark of creativity. For, as the famous artist Van Gogh said, "If you hear a voice within you say you cannot paint, then by all means paint, and that voice will be silenced."

Help effect change in our climate!

This list \bar{h} as some of the common ways you can help the world be a better place to live.

Save energy at home!



Walk, bike, or take public transport

to dry instead of using a dryer.

The world's roadways are clogged with vehicles, most of them burning diesel or gasoline. Walking or riding a bike instead of driving will reduce greenhouse gas emissions — and help your health and fitness. For longer distances, consider taking a train or bus. And carpool whenever possible.

Eat more vegetables

Eating more vegetables, fruits, whole grains, legumes, nuts, and seeds, and less meat and dairy, can significantly lower your environmental impact. Producing plant-based foods generally results in fewer greenhouse gas emissions and requires less energy, land, and water

Consider your travel

Airplanes burn large amounts of fossil fuels, producing significant greenhouse gas emissions. That makes taking fewer flights one of the fastest ways to reduce your environmental impact. When you can, meet virtually, take a train, or skip that long-distance trip altogether.

Throw away less food

When you throw food away, you're also wasting the resources and energy that were used to grow, produce, package, and transport it. And when food rots in a landfill, it produces methane, a powerful greenhouse gas. So use what you buy and compost any leftovers.

Reduce, reuse, repair & recycle

Electronics, clothes, and other items we buy cause carbon emissions at each point in production, from the extraction of raw materials to manufacturing and transporting goods to market. To protect our climate, buy fewer things, shop second-hand, repair what you can, and recycle.

Change your home's source of energy



Ask your utility company if your home energy comes from oil, coal, or gas. If possible, see if you can switch to renewable sources such as wind or solar. Or install solar panels on your roof to generate energy for your home.

YOU can help make the world a BETTER PLACE!

CRESTWOOD PUBLIC LIBRARY

CRESTWOOD PUBLIC LIBRARY



4955 W. 135th Street, Crestwood P: 708-371-4090 F: 708-371-4127

ADULTS

History of CoffeeSaturday, Dec 7th, 11:00 AM

In-Person Program.

Registration required.

Learn about the origins and history of coffee with special guest Brian Moskalik, co-owner of a successful Illinois coffee house, as he explains different brewing and extraction methods, as well as health benefits coffee provides. Sample tastings will be provided!

I-PASS on Demand Wednesday, December 4th, 9:30 AM - 2:30 PM

In-Person Program.

The Illinois Tollway will be available to offer a full range of tollway services to library patrons on a walk-in basis. Services will include free I-PASS sticker tags (which replace the white plastic transponders), education/enrollment for I-PASS Assist (a program for income-eligible residents in which fines can be dismissed), and account services for people who use the Illinois Tollway.



Classroom Kitchen: Holiday Cookies

Wednesday, Dec 11th, 6:30 PM Virtual Program. Program link

available on website.
Join us for this live virtual
demonstration with Classroom
Kitchen's Kristyn Slick. In
this festive sugar cookie decorating class, we'll create holiday-themed cookies that are
sure to dazzle your loved ones!

Holiday WreathsThursday, Dec 12th, 6:00 PM

In-Person Program. Reg. required.
Learn how to make a one-of-a-kind wreath that will bring holiday cheer into your home!



Meditation Club

Thursday, Dec 19th, 6:00 PM

In-Person Program. Reg. required. Join us for a session of journaling, meditation, and discussion. We will take some time to privately journal, listen to a recorded meditation, and have an open discussion about our meditation journeys. Please bring along a journal and something to write with, if you have one! We will have a limited number of notebooks available.

Medicare Basics Wednesday, Dec 4th, 6:00 PM

In-Person Program
Please join Bill Johnson - a local independent insurance agent with over 25 years of experience in the Medicare and health insurance industry - for a free informational seminar regarding the basics of Medicare.

Needles & Yarn Knitting Club Monday, Dec 23rd, 6:30 PM

In-Person Program
Bring your knitting, crocheting, or sewing projects to the library!

The library will be closed December 24 & 25 for Christmas and December 31 & January 1 for the New Year holiday. Please place book returns in the book drop on the west side of the building.

Scrabble Club Saturday, December 21st, 10:30 AM - 12:30 PM

In-Person Program
Stop by the library to join a
game of Scrabble and meet
some new folks!



COMING IN JANUARY: Al: ChatGPT and Beyond Monday, January 6th, 6:00 PM

In-Person Program. Reg. required. ChatGPT and other artificial intelligence technology are taking the world by storm. Learn more about AI with Mike Gershbein of Very Smart People, who will explore the most talked about image generation and large language models, and offer a glimpse of the future implications of AI on the workplace and society.

YOUTH & FAMILIES



Reindeer Fun Thursday, Dec 12th, 4:00 PM

Children ages 6-10 years. Registration required.
Come make a cute reindeer ornament and make some reindeer food to leave out for Santa's reindeer on Christmas Eve! Snacks will be served.

Messy Mondays Mondays, December 2nd & 16th, 10:30 AM

Children ages 2-4 with an adult. *Registration required.*

Parents can bring their budding artists to the library to create or play with messy things during this 30-minute art class. Please dress to get messy.

Cooking AdventuresWednesday, Dec 11th, 4:00 PM

Kids ages 9 years and up. Registration required.
Kids will learn to make simple recipes that they can make on their own during this in-person class. This month we will be making no-bake Christmas cookies. Supplies will be provided.

LEGO Club

Tuesday, Dec 17th, 4:00 PM

Kids aes 6-12 years.

Registration required.

Come share your imagination and join us for a fun day with

and join us for a fun day with LEGOs! You can be inspired by our weekly theme or your own design!

Read to the Dogs! Tuesday, Dec 10th, 5:00 PM

Children in grades K-5. *R* egistration required.

Kids can practice their reading skills by reading to therapy dogs, Humphrey,

Hamish, and Hazel. Call for a 15-minute time slot.





International Snack Club Thursday, Dec 19th, 4:00 PM

Children ages 10 years and up. Regstration required.

Do you like learning about different places and their foods? Are you brave enough to try snacks from different countries? Then join us for snacks, facts, and fun! Kids ages 10 years and up are invited to share traditional snacks from around the world!



Take Home Science Kit Available Thursday, Dec 5th

Come to the library to pick up a hands-on science kit for kids ages 5 years and up to experiment at home. A limited number of kits will be available.



Gingerbread House Decorating

Wednesday, December 4th 5:30-7:00 PM

All Ages. Limit one per family. \$5 cost/family. Registration required. Families, join us for our annual Gingerbread House Decorating event. You bring your creativity and we will supply the house and decorating supplies.

Monday Take and Make

Every Monday, a limited number of craft kits will be available for pick-up for children to create at home. Basic supplies and instructions will be provided. Craft kits are suitable for all ages; younger children may need adult assistance.

FUN AND ENTERTAINMENT

November Puzzle Solutions

	9	2	4	1	6	8	7	3	5
	6	3	8	5	4	7	2	9	1
	1	5	7	2	3	9	4	6	8
	4	9	2	7	5	6	1	8	3
	7	1	6	8	2	3	5	4	9
I	3	8	5	9	1	4	6	7	2
	2	7	3	4	8	5	9	1	6
	8	4	1	6	9	2	3	5	7
	5	6	9	3	7	1	8	2	4

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1	D	E	Α		U	R	В		Е	L	Α	N
С	Е	S	Т		Ρ	Α	S	Н	Α	L	1	K
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Е	0	Н	1	Р	Р	U	S		Α	L	Е	С
Α	Z	Α	Ν		R	Е	Е		S	1	Ν	Н
D	Е	N	S		Α	D	D		S	С	0	Т

Riddle How do kids always know when Santa **Claus is around?**

NOVEMBER ANSWER: Because they saw the turkey dressing!

Sudoku

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accomodates the digits 1-9, without repeating any.

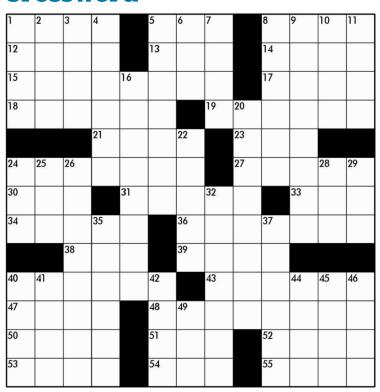
			8		6			
		3			7			1
5	9			2	3			
9			3			6		7
			5	6	2			
8		6		7			5	
	8	5		1	9	3	7	6
3					4			9
2		9	7	3	5	1	4	

ACROSS

- 1. Informed
- 5. Monetary unit of Burma
- 8. Steps descending to a river
- 12. Tress
- 13. Fabulous bird
- 14. Gown
- 15. Edible
- 17. Earthen pot
- 18. Of a race 19. Dagger
- 21. Understood 23. Monad
- 24. Roadside
- 27. Eagle's nest
- 30. Carp-like fish 31. Repairs

- 33. First woman
- 34. Large duck-like bird
- 36. Stronghold
- 38. Soldiers
- 39. Tilled
- 40. Silly
- 43. Nursery
- 47. Lotto-like gambling game
- 48. Unseen (Poet.)
- 50. Woes
- 51. Vegas
- 52. Weight allowance53. Eye inflammation
- 54. Optic organ
- 55. Anon

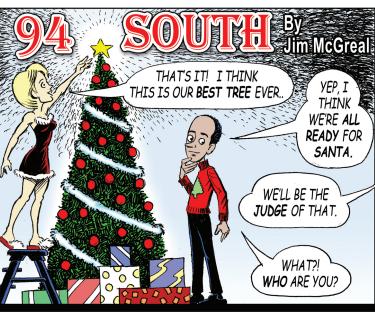
Crossword



DOWN

- 1. You 2. Kiln for drying hops
- 3. A corpse
- 4. Intoxicated people
- 5. Go before
- 6. Over there
- 7. Performs
- 8. Breakwater
- 9. Shouted 10. Capable
- 11. Nipple
- 16. Rubbing lotion 20. Kitchen appliances
- 22. Woman
- 24. Hairpiece
- 25. Fuss
- 26. Rank of a yeoman

- 28. I have
- 29. Conger
- 32. Bishop's district
- 35. Bristly
- 37. Skilled people
- 40. Snow runners
- 41. Gael
- 42. Christmas
- 44. Goodbye
- 45. Champion
- 46. Paradise 49. No















CRWC • CRESTWOOD RECREATION AND WELLNESS CENTER



5331 W. 135th Street, Crestwood, IL 708-659-4800

crwcsports@crestwood.illinois.gov

crestwoodfitness.com



@crestwood_recreation



Crestwood Recreation and Wellness Center

CRWC Hours

Mon.-Thurs. 5 am - 10 pm Friday 5 am - 8 pm 7 am - 5 pm Sat. and Sun. NOTE: Pool closes 1 hour before we close during the week and always at 3pm on the weekend!

Holiday Hours

Tuesday, Dec. 24 5 am - 12 pm Wed., Dec. 25 **CLOSED** Tuesday, Dec. 31 5 am - 3 pm **CLOSED** Wed., Jan. 1

Workout Classes

(not included in membership)

Zumba with Kristen Castillo Tuesday & Thursdays, 7pm-8pm

Zumba incorporates a variety of Latin inspired dance moves and music to promote a healthy heart, a dose of aerobic activity, and a fun way to build and tone muscle, improve cardio, and promote a healthy lifestyle.

Guided Yoga with Sarah Cutrara Mondays, 7pm-8pm

This weekly slow flow yoga class is a well-rounded practice that will help reduce stress by calming the mind and body, increase flexibility, and restore balance. All levels are welcome!



College Student Holiday Membership

Crestwood Resident - College Students! Check out our College Student Holiday Membership while you are home for break. The membership will be active from November 23rd-January 23rd. You will have access to the fitness center, courts, track, and locker rooms for \$45. Bring in your student college ID to sign up.

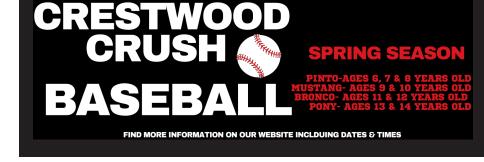




Crestwood Spring T-Ball 2025

In person registration

Registration has opened for Crestwood Spring T-Ball 2025. The fee for T-Ball is \$85 which includes a team shirt, hat, and pictures. There will need to be volunteer coaches for all teams. Games will be played on Wednesdays and Saturday with practices also occurring during the week. A pre-season meeting will take place with volunteer coaches to go over scheduling and rules. An opening day parade will kick off the season on May 3rd. Sign up in person only at the CRWC.



Children

Swim Lessons

January 7th-February 15th

(6 week session)

Open registration begins on December 16th, in person only at the CRWC.

Swim lessons take place on Tuesday evenings, Thursday evenings, or Saturday mornings.

Swim lessons teach a variety of different

stroke development, pool safety, and pool skills. Classes start for ages 6 months and end at ages 14.

Upcoming Events

Elf Movie Night

Friday, December 13th, 6pm (doors open at 5:30pm)

In person registration required

Get in your best holiday pajamas and bring your friends and family for the showing of Elf. Bring blankets and chairs to sit on inside the CRWC during the movie. Tickets are sold only in person at the CRWC for \$10. The purchase of your ticket includes a slice of pizza, popcorn, cookie, and water. Parents/Guardians must be present the whole movie, but do not need to buy a ticket, unless they want to eat.



Christmas Market with Santa

Saturday, December 14th, 11 am - 2 pm No registration necessary Get in the holiday spirit by coming to the CRWC on Saturday, December 14th to see Santa. There will be Christmas Market shopping from over 60+ vendors, pictures with Santa, arts & crafts, cookie decorating, and more!

CRWC Family Swim

Saturdays, 10am-12pm

November 30th • December 28th • January 4th

Regsiter on the day of each Family Swim and each swimmer will be \$5. Looking for some family fun during the chilly months of Winter? Try out family swim in the CRWC's indoor pool on select dates. 16 & under must be accompanied by an adult. Pool supervisors will be present during the duration of family swim, but adults must also be present.



Spring 2025 Crush Baseball

In person registration

Take advantage of our early registration rates for \$200 from November 1st 2024 through January 1st 2025. The price will increase for registration on January 2nd 2025. Age groups include: Pinto: 6,7 & 8 year olds, Mustang: 9 & 10 year olds, Bronco: 11 & 12 year olds, and Pony: 13 & 14 year olds. Practices will begin indoors in February for registered athletes. A volunteer coaches meeting will take place to discuss practice & game scheduling. An opening day parade will kick off the season on May 3rd.